

UNC School of Social Work

Refugee Mental Health & Wellness Initiative

Support provided by the Armfield – Reeves Innovation Fund

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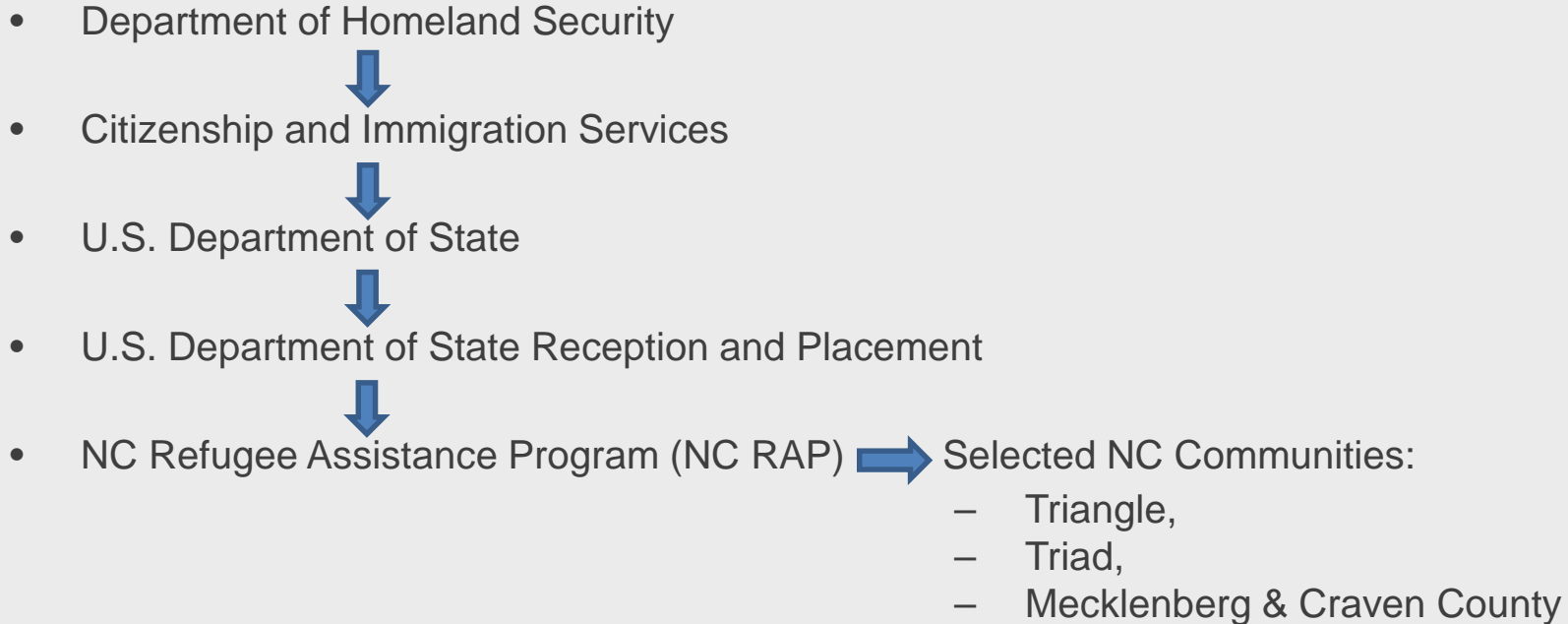
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Refugee Resettlement: From Global to NC Community



2012: The U.S. received refugees from 85 countries

- The largest sending countries:
 - Bhutan (15,021)
 - Burma (14,020)
 - Iraq (12,124)
 - Somalia (4,915)
 - Cuba (1,948)
 - Democratic Republic of Congo (1,839)
 - Iran (1,751)
 - Eritrea (1,321), and
 - Sudan (1,055)

NC-RAP – Refugee Social Services

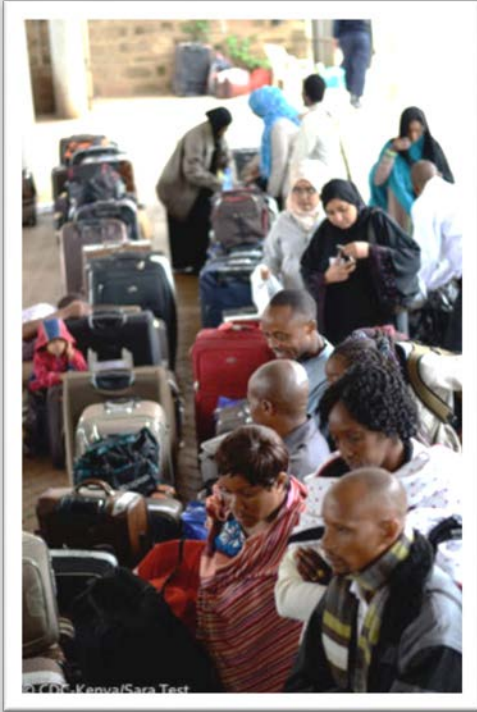
- Goals of Refugee Social Services:
 - Achieve self-sufficiency as quickly as possible and quickly reduce dependence on public assistance;
 - Expedite the resettlement process and encourage social adjustment;
 - Assist refugees with finding jobs and maintaining employment;
- The Refugee Social Services Program provides assistance with:
 - Employment services
 - Case Management
 - English Language Training
 - Citizenship and Immigration Services
 - Transportation
 - Vocational Skills Training, including Drivers Education and Vocational Education;
 - Translation & Interpretation services
 - Skills Recertification, and
 - Social Adjustment services, including Information & Referral, Emergency Services, and Health-Related services

NC-RAP – Refugee Public Assistance

- Goals of Refugee Public Assistance
 - Stabilize physical health and provide for health care
 - Meet basic needs
- The Refugee Public Assistance Program provides assistance with
 - Cash assistance and financial support
 - Employability services
 - Short-term medical insurance program (Similar to NC-Medicaid)
 - Health screening
 - Application assistance for service from the County Department of Social Services

Refugee Mental Health & Wellness Initiative: Filling a Gap

- Mental health screenings
- Psychotherapy
- Group treatment
- Community presentations
- Psychiatric case management



UNC global transmigration refugee mental health & wellness initiative









Community partners

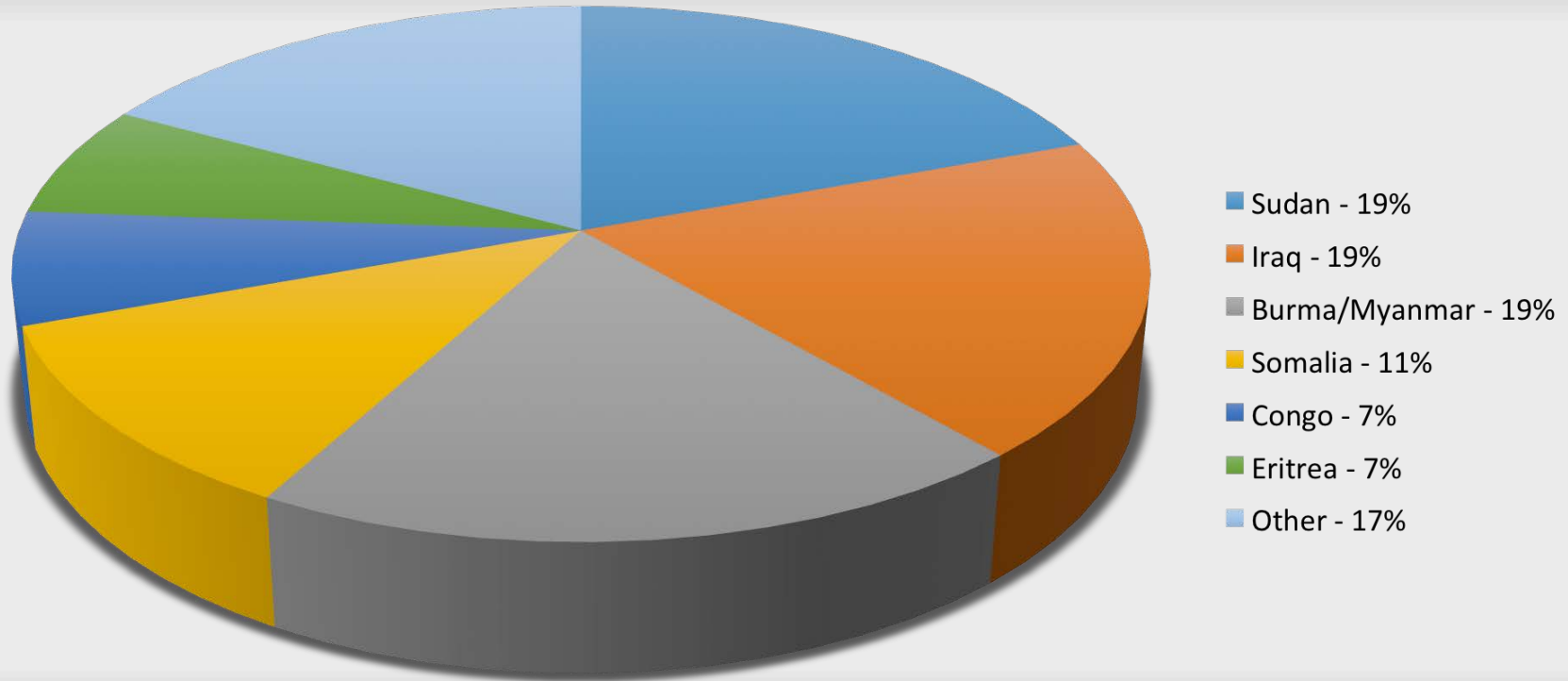


CHURCH WORLD SERVICE



U.S. COMMITTEE
FOR REFUGEES AND IMMIGRANTS

Referral demographics: countries



“My whole time as a refugee, no one has ever asked how I am feeling. It feels good to be asked.”

“You gave us hope that things would get better, and here we are. It was true. Even with words, you helped a lot.”

**“You open our eyes on many things.
If someone gives you money, you
spend the money and it’s gone. But
when you give advice, it stays. I use
the teaching. You are not useless.”**



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